

(1) General Cerumen Information

Cerumen composition/anatomy as well as production biology. Prevalence of impaction, and indications to address. Discusses scope of practice

(2) Ear Anatomy & Physiology

Anatomy review of the ear, focusing on anatomy specific to cerumen removal. Review of common conditions of the outer ear

(3) Case History & Ear Examination Process

This section reviewed the pre-removal process and the key components of this. Including otoscopy specific to cerumen removal, informed consent, cerumen removal case history, risk assessment, referral indication, modifying factors and precautions with a case example

(4) Infection Control

Best practices in infection control review, including hand hygiene, sterilization vs disinfection vs cleaning and indications for cerumen management. A special focus on cerumen management in the age of Covid-19. Prevention of post-removal infections.

(5) Equipment

A thorough review of all equipment commonly used in cerumen management. Including Lighting, magnification, softening agents, irrigation, manual removal and suction equipment, office furniture. As well as live video training from our team on a variety of equipment.

(6) Methods of Cerumen Management

Explanation of the process of cerumen removal for all three main methods of removal: Instrumentation, Suction, Irrigation, including video demonstrations of live removal by the instructors. This section also contains non-recommended methods of removal, prevention of cerumen buildup and patient handouts.

(7) After Cerumen Management

A review of the post-removal process, including addressing any bleeds or wet ears. The creation of a cerumen management plan and what is included as well as the documentation/discharge process.